



**Myrtle Cook Trophy (SLVYRA Women's Championship)**  
***Saturday, September 17th 2016***

**Rules**

The races will be governed by the rules as defined in **The Racing Rules of Sailing (RRS) 2013-2016**, wherein the sailing instructions are the RStLYC 2016 Standing Sailing Instructions (SSI) and any addenda thereto with respect to this event posted on the Official Notice Board.

**Eligibility and Entry**

This is an Open event for women crews sailing Sharks from SLVYRA member yacht clubs or sailing associations. Competitors shall register with the Race Committee Boat on the water prior to the first Warning Signal. To be eligible for the Myrtle Cook Trophy, each Shark must be skippered and crewed by women only.

**Schedule**

Four races are scheduled with three to count. If three or fewer races are sailed, all races will count. The first signal is planned for 10:30 on Saturday, September 17<sup>th</sup> 2016.

**The Course**

Courses will be set west of AD 18 (FIR), and will be posted on the Race Committee boat course board.

**Prizes**

Prizes will be awarded following the racing in the bar or on the front lawn of the RStLYC.