



SLVYRA Women's Championship

Myrtle Cook Regatta *The Royal St Lawrence Yacht Club* *August 13, 2023* *Dorval, Canada*

Notice of Race (NoR)

The Organizing Authority (OA) is the Royal St Lawrence Yacht Club.

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 [Sail Canada Prescriptions 2021-2024](#) applies.
- 1.3 Intentionally left blank
- 1.4 If there is a conflict between languages the English text takes precedence.

2 SAILING INSTRUCTIONS

- 2.1 The sailing instructions will be provided at a Competitor's meeting on the grounds of RSTLYC at 0900 on the day of the race

3 COMMUNICATION

- 3.1 The online official notice board is located at [Official Notice Board](#) . Furthermore, race documents and results may be posted on the board located immediately outside the RStLYC office.
- 3.2 On the water, the race committee may make courtesy broadcasts to competitors on VHF radio channel 77.
- 3.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all female competitors that are members in good standing of a SLVYRA club. Crew may be guests of the Skipper.



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4.3 Eligible boats may enter emailing Regatta Chair, Dale Webber, at dale.webber@sympatico.ca **no later than 1200 hrs Friday August 11th, 2023**

4.4 Late entries will be accepted at the discretion of the OA.

4.5 Spinnakers shall not be used.

5 CREW LIMITATIONS

5.1 The following crew limitations apply:

Crew shall be female only.

Crew shall be maximum two persons.

6 SERIES

6.1 The event will consist of a series of up to four (4) races.

6.2 One race is required to constitute a series.

6.3 If four races are completed, a boat may exclude her worst score.

7 SCHEDULE

7.1 The scheduled time of the warning signal for the first race is 10:30 AM.

8 EQUIPMENT INSPECTION

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9 VENUE

9.1 Racing will take place West of AD18 (“The Gut”) or in Valois Bay depending on water depth and weather conditions. Final determination to be announced at the Competitor’s meeting to be held on shore at the RSTLYC at 9:00 am on the day of the regatta

10 COURSES

10.1 The course(s) to be sailed will be defined in the Sailing Instructions.

11 PENALTY SYSTEM

11.2 RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

12 SCORING



12.1 The scoring system is the *Low Point Scoring System*.

12.2 (a) When fewer than four races have been completed, a boat's series score will be the total of her race scores.

(b) When four races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) Boats failing to finish within 20 minutes after the first finishing boat will be scored DNF

13 **RISK STATEMENT**

13.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

14 **INSURANCE**

14.1 Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000.00 CAD per incident or the equivalent.

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16 **PRIZES**

16.1 The winner shall receive the Myrtle Cook trophy at the RStLYC Prizegiving, at the end of the season.

17 **FURTHER INFORMATION**

17.1 For further information please contact Regatta Chair, Dale Webber, dale.webber@sympatico.ca or text 514 996-7523