REGATTA FOR AQVA

Notice of Race (NoR)

ROYAL ST LAWRENCE YACHT CLUB

Dorval Qc Canada
August 15, 2026

*The « Association québécoise de voile adaptée » (AQVA) and the Royal St Lawrence Yacht Club (RStLYC) invite you to participate in a pursuit race : the Regatta for AQVA (www.regatepourlaqva.org), under the theme: «**Together, we can make a difference. Let's sail towards a more inclusive world!**», in memory of Basil Katsivalis.*
The donations generated by this event will be given to the AQVA to help adapted sailing.
For more information on the AQVA, please consult the following links:
https://www.youtube.com/watch?time_continue=2&v=3xuIW4Wbe24 (in English only),
https://youtu.be/wGLLQM3BWbs or https://www.aqva.org/en/home-page.

1 RULES

1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
1.2 The Organizing Authority (OA) is the RStLYC in collaboration with the AQVA.
1.3 If there is a conflict between languages, the English text takes precedence.

2 SAILING INSTRUCTIONS

2.1 The Sailing Instructions (SI) will be available by the latest on July 17, 2026.

3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the RStLYC Official Notice Board. Race documents and results may also be posted on the board located immediately outside the RStLYC office.

4 ELIGIBILITY AND ENTRY

4.1 The event is open to all boats with a valid Time on Distance (T/D) SLVYRA PHRF handicap.
4.2 The registration is made online on the web site AQVA registration . Registration deadline: Friday, August 14th, 2026 at 08:00 PM.
4.3 The choice of racing white sail or with spinnaker must be specified when you register online in the space called « **Boat Class** ».
4.4 There are no registration fees. Each registered boat is encouraged to raise money for the AQVA. There is no minimum amount required, but each raised dollar is a step forward for the cause.
4.5 **Donations** can be made online on the AQVA donation web page, either by encouraging a participant or by making a generic donation to the regatta. A charitable receipt will be issued for the full amount of each donation.
4.6 The race is a pursuit format. The starting time of individual yachts will be calculated with the Time on Distance (T/D) SLVYRA PHRF handicap ratings.
4.7 Start times will be emailed to the skippers no later than 11:00 AM on the morning of the race.

5 SERIES

5.1 The event will consist of one race.

6 SCHEDULE OF RACES

6.1 Detailed Schedule:

Date	*Regatta for AQVA*	*Time*
August 15	race	1:30 PM

7 HANDICAPS

7.1 Time on Distance (T/D) SLVYRA PHRF handicaps will be used.

8 RACING AREA

8.1 West of mark AD 18 on Lake St Louis. See Regatta for AQVA *Addendum A – Racing Area*.

9 COURSES

9.1 The racing course, including a description of the buoys, will be specified in the Sailing Instructions (SI).

10 PRIZES

10.1 The prizes will be awarded at the Royal St Lawrence Yacht Club as soon as possible after the end of the race. The Patrick Flaherty Cup will be awarded to the winner.

11 OVERNIGHT DOCK SPACE

11.1 Participating boats will be authorized to spend the night of Friday and/or Saturday, August 15-16 in the harbor of the Royal St Lawrence Yacht Club, free of charge.

12 DINER / DANCE

12.1 Dinner and dancing will take place at the Royal St Lawrence Yacht Club after the race. Please reserve your individual place and register for the Regatta Dinner for AQVA 2026.

13 FURTHER INFORMATION

13.1 For all information, please contact administration@aqva.org or the Royal St Lawrence Yacht Club at (514) 631-2720.

Regatta for AQVA NoR ADDENDUM A – RACING AREA