



*Frostbite Open Series*  
*The Royal St Lawrence Yacht Club*  
*October 3, 10, 17, and 24, 2021*  
*Dorval, Canada*

**Notice of Race (NoR)**

The Organizing Committee (OC) is The Royal St Lawrence Yacht Club

**1 RULES**

**1.1** The event is governed by the rules as defined in *The Racing Rules of Sailing*.

**1.2** *Sail Canada Prescriptions 2021-2024* available at <https://www.sailing.ca/uploads/2020/10/Sail-Canada-Prescriptions-to-the-RRS-2021-2024.pdf> applies.

**1.3** Quebec Sailing Federation (FVQ) directives regarding COVID-19 from the Minister of Education, which may be in effect, available at: <https://www.voile.qc.ca/fr/> and <https://www.voile.qc.ca/fr/nouvelles/nouvelles-recentes/425-covid-19-mise-a-jour-sur-les-activites-de-voile-quebec>

**1.4** If there is a conflict between languages the English text takes precedence.

**2 SAILING INSTRUCTIONS**

**2.1** The sailing instructions will be available after October 1st at <https://rstlyc.qc.ca/notice-of-race> .

**3 COMMUNICATION**

**3.1** The online official notice board is located at <https://rstlyc.qc.ca/notice-of-race> . Furthermore, race documents and results may be posted on the board located immediately outside the RStLYC office.

**3.2** On the water, the race committee may make courtesy broadcasts to competitors on VHF radio channel 77.

**3.3** While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.



#### 4 ELIGIBILITY AND ENTRY

- 4.1 The series is open to boats belonging to members of a SLVYRA yacht club that are in good standing in the Laser 28, PHRF  $\geq 0.98$  and PHRF  $< 0.98$ , and PHRF Spinnaker classes, subject to the following:
- 4.2 The event is open to all boats with valid a SLVYRA handicap certificate.
- 4.3 All participants shall have proof of adequate vaccination against Covid-19, which may be verified at any time by using the 'Vaxi Code' application, or other means.
- 4.4 Classes are defined by SLVYRA as follows:

Laser 28	One Design	-
PHRF $\geq 0.98$	SLVYRA, White Sail	T/T Rating $\geq 0.98$
PHRF $< 0.98$	SLVYRA, White Sail	T/T Rating $< 0.98$
PHRF Sp.	Spinnaker	PHRF with spinnaker

More information on PHRF here: <https://slvyra.com/handicaps/> and ratings: <https://slvyra.com/wp-content/uploads/2021/06/hdcp-handicaps-dimensions-2021-v2.pdf>

Each class shall have a minimum of 3 entries to be scored.

- 4.5 Eligible boats may enter by sailing past the transom of the Race Committee vessel and hailing their sail number and class

#### 5 CREW LIMITATIONS

- 5.1 Crew shall be members of a SLVYRA club.
- 5.2 COVID-19 Restrictions in place under NOR 1.3 or any other subsequent documents may further limit crew.

#### 6 SERIES

- 6.1 The event will consist of a single series of races.

#### 7 SCHEDULE

- 7.1 Dates of racing:

Date	Schedule	Start Time
October 3	Racing	10:00 AM
October 10	Racing	10:00 AM
October 17	Racing	10:00 AM
October 24	Racing	10:00 AM



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**7.2** Number of races:

Class	Number	Races per day Scheduled	Races per day Maximum
All	12 Races	3	4

**7.3** The scheduled time of the warning signal for the first race each day is 10:00 AM. Subsequent races will follow shortly thereafter.

**7.4** No warning signal will be made after 3:00 PM.

**8 EQUIPMENT INSPECTION**

**8.1** Each boat shall produce or verify the existence of a valid SLVYRA handicap certificate.

**8.2** Boats may be inspected at any time.

**9 VENUE**

**9.1** NoR Addendum A shows the location of the racing area, west of AD 18 on Lake St Louis.

**10 COURSES**

**10.1** NoR Addendum B shows the course(s) to be sailed.

**10.2** No later than the warning signal, the Race Committee vessel shall display the course to be sailed.

**10.3** The marks that may be used are as yellow inflatable cylinders for marks 1, 2A, 2B and round orange mooring balls for the Start/Finish pin.

**11 PENALTY SYSTEM**

**11.1** RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

**13 SCORING**

**13.1** The scoring system is as defined in RRS Appendix A2, except as modified by NoR 13.3.

**13.2** 3 races are required to be completed to constitute a series.

**13.3** (a) When fewer than 4 races have been completed, a boat's series score will be the total of her race scores.



(b) When from 5 to 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

**13.4** Rule A5.3 applies.

## **14 RISK STATEMENT**

**14.1** RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

## **15 INSURANCE**

**15.1** Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$2,000,000.00 CAD per incident or the equivalent.

## **16 COVID-19 STATEMENT**

**16.1** The OC reserves the right to modify, cancel or reschedule one or all event(s). The safety of sailors, club employees and volunteers is paramount. Therefore, all necessary safety precautions for Covid-19 shall be followed. Please remember to physical distance at least 2m away from others, to wear a mask where possible, regularly wash your hands, and avoid touching your face. If you have any symptoms of Covid-19 or are feeling unwell, you shall stay away from the regatta premises and competitors.

## **17 PRIZES**

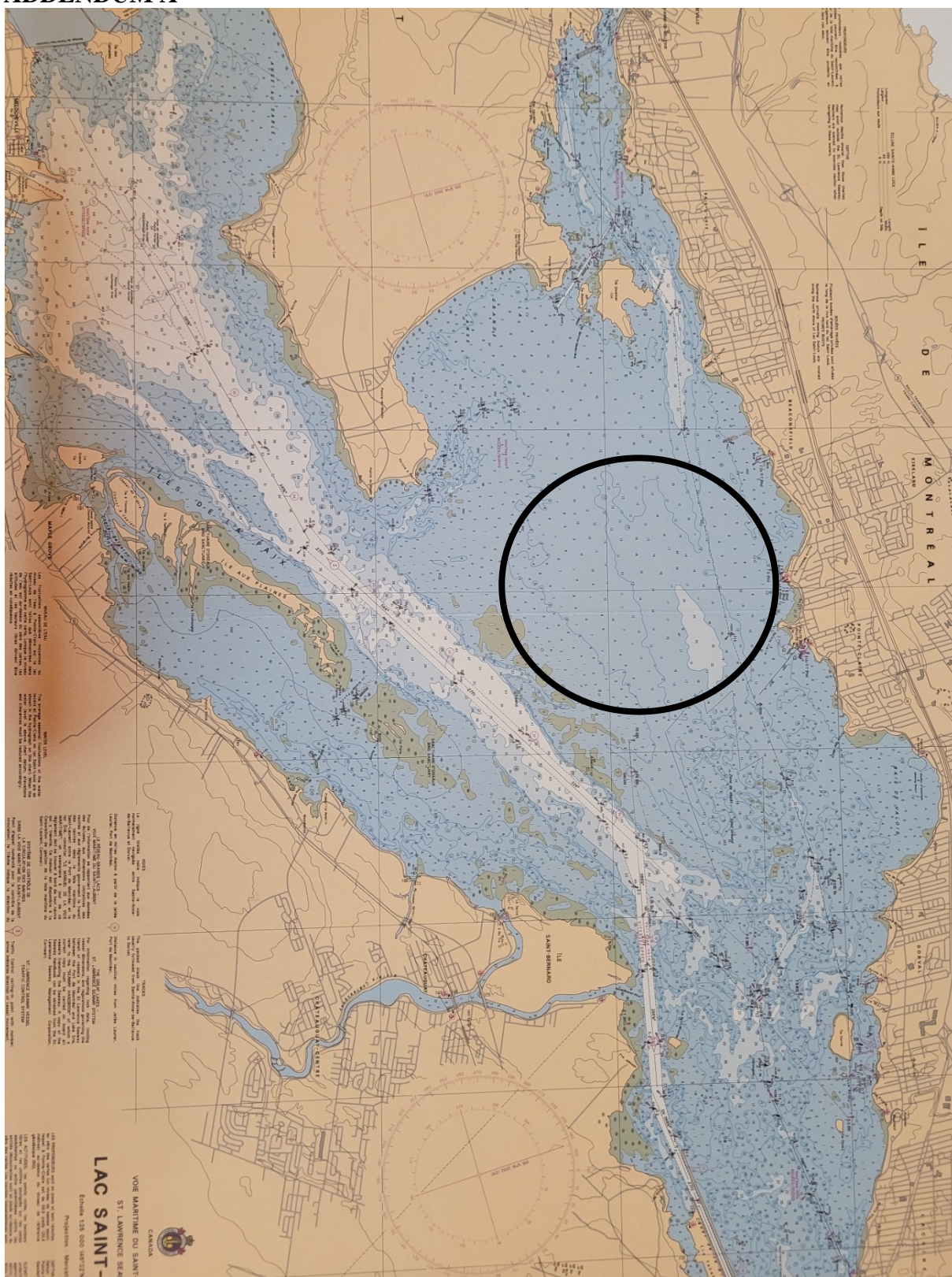
**17.1** Prizes will be awarded at the RStLYC Sailing Prizegiving, November 6<sup>th</sup>, 2021.

## **18 FURTHER INFORMATION**

**18.1** For further information please contact PHRF Fleet Captain Luc Vallée, [lugaval@videotron.ca](mailto:lugaVal@videotron.ca)



# ADDENDUM A





## ADDENDUM B

Course	Description	
	Windward/Leeward with Downwind finish	
	Possible courses	
	Signal	Mark Rounding Order
	L1	Start-1-Finish
	L2	Start-1-2s/2p-1-Finish
L3	Start-1-2s/2p-1-2s/2p-1-Finish	