



FRIDAY FUN RACE SERIES (FFR) Sailing Instructions (SI)

ROYAL ST LAWRENCE YACHT CLUB

Dorval Qc Canada

MAY 22 – SEPTEMBRE 05, 2026

1 RULES

1.1 See the Royal St Lawrence Yacht Club Standing Sailing Instructions ([SSI](#)).

2 CHANGES TO SAILING INSTRUCTIONS

2.1 See the [SSI](#).

3 COMMUNICATIONS WITH COMPETITORS

3.1 See the [SSI](#).

3.2 Competitors racing in their first season may display a yellow flag or tuft to indicate such.

4 CODE OF CONDUCT

4.1 See the [SSI](#).

5 SIGNALS MADE ASHORE

5.1 See the [SSI](#).

6 BOAT DEWEEDING

6.1 See the [SSI](#).

7 SCHEDULE OF RACES

7.1 Detailed Schedule:

Date	Friday Fun Race	Time
May 15	FFR Seminar	6:30 PM
May 22 – Aug 28	Racing	6:30 PM
June 26	Pursuit Race	6:30 PM
September 05	Pursuit Race	1:00 PM

7.2 The scheduled time of the warning signal for the first race (each Friday) is at 18h30.

7.3 For the June 26 Pursuit Race, the warning signal is at 18h30. The precise start times to be determined by FFR Chair Emma Brittain Boisvert will be given at the skipper’s meeting between 5:00 PM and 5:30 PM prior to racing.

7.4 For the September 05 Pursuit Race, the warning signal is at 13h00. The precise start times to be determined by FFR Chair Emma Brittain Boisvert will be given at the skipper’s meeting between 11:30 AM and 12:00 PM prior to racing.

8 CLASS FLAGS

8.1 The Class flag is *Foxtrot (F)*.

9 RACING AREA

9.1 The racing area is *west of AD18 (The Gut) on Lake St Louis*.



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10 COURSES

- 10.1 The diagram below in *FFR SI Addendum A – Course Layouts* shows the courses, the order in which marks are to be passed, and the side on which each mark is to be left.
- 10.2 No later than the warning signal, the race committee signal vessel will display the course to be sailed using the appropriate numeral pennant.

11 MARKS

- 11.1 The marks that may be used are as follows: yellow inflatable cylinders, orange tetrahedrons, orange balls, government and SLVYRA marks for Pursuit Races.

12 THE START

- 12.1 See the [SSI](#).
- 12.2 The start shall be taken on **starboard** tack. Any boat starting on **port** tack will be disqualified.
- 12.3 The Race Committee may run a second start for competitors that do not wish to start in the first start. If there is a second start, it will be announced on VHF 78 and competitors can choose their start.

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 See the [SSI](#).

14 THE FINISH

- 14.1 See the [SSI](#).

15 PENALTY SYSTEM

- 15.1 See the [SSI](#).

16 TIME LIMITS AND TARGET TIMES

- 16.1 The Mark 1 Time Limit, Race Time Limit (see RRS 35), and the Finishing Window are shown in the table below.

Mark 1 Time Limit	Race Time Limit	Finishing Window
45 minutes	2 hours	45 minutes

- 16.2 If no boat has passed the first mark within the Mark 1 Time Limit, the race will be abandoned.
- 16.3 The Finishing Window is the time for boats to finish after the first boat sails the course and finishes. Boats failing to finish within the Finishing Window, and not subsequently retiring, penalized or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored 0 points for the finishing. This changes RRS 35, A5.1, A5.2 and A10.
- 16.4 Failure to meet the Target Time will not be grounds for redress. This changes RRS 62.1(a).



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17 HEARING REQUESTS

17.1 NO protest is taken for the FFR. This changes the [SSI](#).

18 SCORING

18.1 RSS 90.3 Scoring: is replaced by a high point scoring system described as follow. This changes the [SSI](#).

18.2 One race completed constitute a series. There are 3 drops races in the series. The winner of the series is the boat with the most points.

18.3 15 points is awarded for participation (showing up constitute as participation), even if no racing is done due to inclimate weather.

18.4 The winner of a race is awarded 15 points for participation plus the number of boats that completed the race. The second place is awarded 15 points for participation plus the number of boats that completed the race minus 1. The third place is awarded 15 points for participation plus the number of boats that completed the race minus 2. The fourth place is awarded 15 points for participation plus the number of boats that completed the race minus 3, etc.

19 SAFETY REGULATIONS

19.1 See the [SSI](#).

20 TRASH DISPOSAL

20.1 See the [SSI](#).

21 PRIZES

21.1 Prizes will be awarded to the top 5 boats. At the RStLYC Annual Prize Giving Ceremony, the winner will be awarded the Frank Edward Collins Trophy.

22 RISK STATEMENT

22.1 See the [SSI](#).

23 INSURANCE

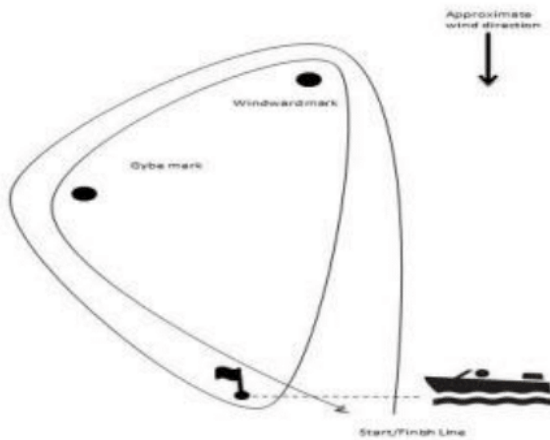
23.1 See the [SSI](#).



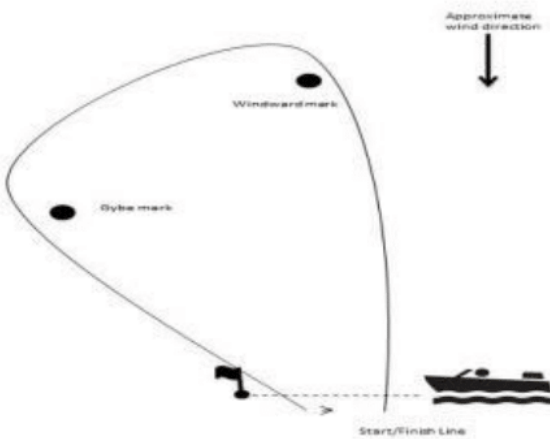
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FFR SI ADDENDUM A – COURSE LAYOUTS



**Course 1
2 triangles**



**Course 2
1 triangle**