LORD STRATHCONA CUP
LONG-DISTANCE NO. 1
Notice of Race (NoR)
ROYAL ST LAWRENCE YACHT CLUB

Dorval Qc Canada
JUNE 24, 2026

1 RULES
1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
1.2 The Organizing Authority (OA) is the RStLYC.
1.3 If there is a conflict between languages, the English text takes precedence.
1.4 This is either a **white sail or with spinnaker** race. The choice must be given during registration at the skipper's meeting.

2 SAILING INSTRUCTIONS
2.1 The sailing instructions (SI) will be available on May 1, 2026.

3 COMMUNICATIONS WITH COMPETITORS
3.1 Notices to competitors will be posted on the RStLYC Official Notice Board. Race documents and results may also be posted on the board located immediately outside the RStLYC office.

4 ELIGIBILITY AND ENTRY
4.1 The event is open to all cruising class keelboats of the RStLYC with a valid SLVYRA PHRF handicap. Cruising class keelboat yachts are defined as yachts with a head and sleeping accommodations.
4.2 Registration for the event will be taken at the skipper's meeting held on the club front lawn of RStlYC prior to racing.
4.3 The race is a pursuit format. The starting time of individual yachts will be calculated with the Time on Distance (T/D) SLVYRA PHRF handicap ratings. These times will be provided at the skipper's meeting.

5 SERIES
5.1 The event will consist of one long-distance race of approximately 20 nautical miles. If water levels permit, the course will possibly reach a mark in front of Beauharnois Seaway Locks.
5.2 **The Lord Strathcona Cup** is also the **first race** of the Long-Distance Series. The Windmill Point Challenge Shield is the second race, the Hugh Kennedy Award is the third race and the Overnight Race is the fourth and last race of the Long-Distance Series.
5.3 Three out of the four races count for the final overall result. The race with the worst result is dropped.

6 SCHEDULE OF RACES

6.1 Detailed Schedule:

Date	*Lord Strathcona Cup*	*Time*
June 24	Skipper's meeting	8:30 AM
June 24	Racing	10:00 AM

7 HANDICAPS

7.1 Time on Distance (T/D) SLVYRA PHRF handicaps will be used.

8 RACING AREA

8.1 Lake St Louis. See *Lord Strathcona Cup NoR ADDENDUM A – Racing Area.*

9 COURSES

9.1 The course will be provided at the skipper's meeting.

10 PRIZES

10.1 The Lord Strathcona Cup will be awarded to the winner at the RStLYC Annual Prize Giving Ceremony.

10.2 On the day of the event, after the race is completed, all racers are encouraged to meet on the front lawn of RStLYC, where prizes will be awarded to the top 3 boats.

Lord Strathcona Cup NoR ADDENDUM A – RACING AREA