OVERNIGHT RACE
LONG-DISTANCE NO.4
Notice of Race (NoR)
ROYAL ST LAWRENCE YACHT CLUB

Dorval Qc Canada
AUGUST 22 & 23 2026

1 RULES
1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing* (RRS).
1.2 The Organizing Authority (OA) is the RStLYC.
1.3 If there is a conflict between languages, the English text takes precedence.
1.4 This is either a **white sail or with spinnaker** race. The choice must be given during registration at the skipper's meeting.

2 SAILING INSTRUCTIONS
2.1 The sailing instructions (SI) will be available on May 1, 2026.

3 COMMUNICATIONS WITH COMPETITORS
3.1 Notices to competitors will be posted on the RStLYC Official Notice Board. Race documents and results may also be posted on the board located immediately outside the RStLYC office.

4 ELIGIBILITY AND ENTRY
4.1 The event is open to all cruising class keelboats belonging to members in good standing of a SLVYRA club with a valid SLVYRA PHRF handicap. Cruising class keelboat yachts are defined as yachts with a head and sleeping accommodations.
4.2 Registration for the event will be taken at the skipper's meeting held on the club front lawn of RStlYC prior to racing.

5 SERIES
5.1 The event will consist of one long-distance race of approximately 35 to 40 nautical miles. The course will be on the north side of Lake St Louis. The course will go no further west than AD 30 and no further east than AD 14 near the RStLYC.
5.2 The Lord Strathcona Cup was the first race of the Long-Distance Series. The Windmill Point Challenge Shield is the second race, the Hugh Kennedy Award is the third race and **the Overnight Race** is the **fourth and last race** of the Long-Distance Series.
5.3 Three out of the four races count for the final overall result. The race with the worst result is dropped.

6 SCHEDULE OF RACES
6.1 Detailed Schedule:

Date	*Overnight Race*	*Time*
August 22	Skipper's meeting	7:00 PM
August 22	Racing	8:30 PM

7 HANDICAPS
7.1 Time on Time (T/T) SLVYRA PHRF handicaps will be used.

8 RACING AREA

8.1 Lake St Louis. See *Overnight Race NoR Addendum A – Racing Area.*

9 COURSES

9.1 The course will be provided at the skipper's meeting.

10 PRIZES

10.1 The G.W Stephens Cup will be awarded to the winner at the RStLYC ANNUAL PRIZE GIVING CEREMONY.

Overnight Race NoR ADDENDUM A – RACING AREA